



LAKESIDE SURGICAL
ASSOCIATES, PA

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Breast Biopsy Instruction Sheet

Discharge Instructions
Out Patient Surgery

1. Leave the dressing in place for 24-48 hrs or as directed by your doctor. Leave little pieces of tape over the incision site if present. They will come off on their own in about 1 week. You may remove these in 1 week if they are still on.
2. You may shower in 24-48 hrs and then pat dry the incision. You do not need to replace the dressing unless you wish to due to discomfort and/or drainage.
3. Wear a bra for 48 hrs as ordered by your doctor. If the bra rubs over the incision site then you may want to cover the incision with a dry dressing to avoid added discomfort. You may remove the bra to shower after 24 hrs. Immediately put it back on after your shower.
4. Limit your activities for a couple of days.
5. Drink plenty of liquids.
6. You may return to work as discussed with a doctor.
7. If you have any problems, uncontrolled pain, nausea/vomiting or bleeding/swelling (your breast becoming hard and lumpy) notify your doctor.
8. No ice or ointments to the incision.